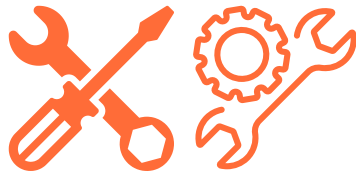


Check out this months fun Group Program!

FRIDAY 1ST NOVEMBER

**Life skills with our
Support and
Maintenance Team**



Please bring a packed Lunch
and Morning Tea.

Pick-ups begin at 8:45am

Drop offs begin at 1:30pm



THIS MONTHS SPECIAL DATES

- 11TH REMEMBRANCE DAY
- 5TH MELBOURNE CUP
- 13TH WORLD KINDNESS DAY
- 13TH-19TH TRANSGENDER AWARENESS WEEK
- 14TH WORLD DIABETES DAY
- 19TH INTERNATIONAL MENS DAY
- 24TH NATIONAL FAIRY BREAD DAY



MONDAY 4TH NOVEMBER

Melbourne Cup Fascinator Workshop

Get creative for the Melbourne Cup.



Please bring a packed Lunch and Morning Tea.

Pick-ups begin at 8:45am
Drop offs begin at 1:30pm

TUESDAY 5TH NOVEMBER

- **Melbourne Cup**
Fashion Parade & Cooking healthy finger food.

- **Movement & Mobility**
session with our Fitness Coach

Dress Up Day



Pick-ups begin at 8:45am
Drop offs begin at 1:30pm

WEDNESDAY 6TH NOVEMBER

Social Community BBQ!

Games, craft & growing social connections.



Pick-ups begin at 8:45am
Drop offs begin at 1:30pm

THURSDAY 7TH NOVEMBER

Volunteering in the Community & Lunch Outing.

Job skills and work experience volunteering.



Please bring spending money of choice for Lunch.

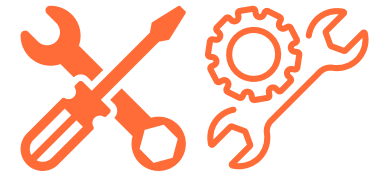
Pick-ups begin at 8:45am
Drop offs begin at 1:30pm

Thursday Night Social Group

Please bring money for dinner

FRIDAY 8TH NOVEMBER

Life skills with our Support and Maintenance Team



Please bring a packed Lunch and Morning Tea.

Pick-ups begin at 8:45am
Drop offs begin at 1:30pm

MONDAY 11TH NOVEMBER

Crow's Nest Falls Walk & Picnic

PLEASE NOTE: LOTS OF WALKING

Bring food for picnic, wear walking shoes, hat and water bottle.



Pick-ups begin at 8:45am
Drop offs begin at 1:30pm

TUESDAY 12TH NOVEMBER

- **Cooking Group**
On the Menu Today Protein Balls



- **Movement & Mobility**
session with our Fitness Coach.



Pick-ups begin at 8:45am
Drop offs begin at 1:30pm

WEDNESDAY 13TH NOVEMBER

Social Community BBQ!

Games, craft & growing social connections.



Pick-ups begin at 8:45am
Drop offs begin at 1:30pm

THURSDAY 14TH NOVEMBER

Karaoke in the Hub with Sue.



Please bring a packed Lunch and Morning Tea.

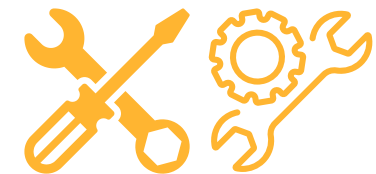
Pick-ups begin at 8:45am
Drop offs begin at 1:30pm

Thursday Night Social Group

Please bring money for dinner

FRIDAY 15TH NOVEMBER

Life skills with our Support and Maintenance Team



Please bring a packed Lunch and Morning Tea.

Pick-ups begin at 8:45am
Drop offs begin at 1:30pm

Join our Programs

CALL 1300 522 104 OR EMAIL OUR SERVICE DELIVERY TEAM - servicedelivery@communityaccesscare.com.au

MONDAY 18TH NOVEMBER

TUESDAY 19TH NOVEMBER

WEDNESDAY 20TH NOVEMBER

THURSDAY 21ST NOVEMBER

FRIDAY 22ND NOVEMBER

20TH - 26TH IS INVISIBLE DISABILITIES WEEK

Laidley Pioneer Village

\$8 Entry
Please bring a packed Lunch.



Pick-ups begin at 8:45am
Drop offs begin at 1:30pm

- **Cooking Group**
On the Menu Today
Baseless Quiche



- **Movement & Mobility session with our Fitness Coach.**



Pick-ups begin at 8:45am
Drop offs begin at 1:30pm

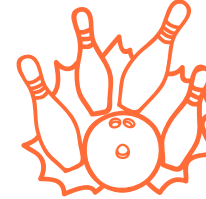
Social Community BBQ!

Games, craft & growing social connections.



Pick-ups begin at 8:45am
Drop offs begin at 1:30pm

Bowling \$12 for 1 game



Bring your Socks, Money for bowling and pack Lunch, Morning tea.

Pick-ups begin at 8:45am
Drop offs begin at 1:30pm

Life skills with our Support and Maintenance Team



Please bring a packed Lunch and Morning Tea.

Pick-ups begin at 8:45am
Drop offs begin at 1:30pm

Thursday Night Social Group

Please bring money for dinner

MONDAY 25TH NOVEMBER

TUESDAY 26TH NOVEMBER

WEDNESDAY 27TH NOVEMBER

THURSDAY 28TH NOVEMBER

FRIDAY 29TH NOVEMBER

1 Month until Xmas Countdown

Decoration making Workshop



Please bring a packed Lunch and Morning Tea.

Pick-ups begin at 8:45am
Drop offs begin at 1:30pm

- **Cooking Group**
On the Menu Today
'Movember' themed food



- **Movement & Mobility session with our Fitness Coach.**



Pick-ups begin at 8:45am
Drop offs begin at 1:30pm

Social Community BBQ!

Games, craft & growing social connections.



Pick-ups begin at 8:45am
Drop offs begin at 1:30pm

Pajama & Movie Day



Pick-ups begin at 8:45am
Drop offs begin at 1:30pm

Life skills with our Support and Maintenance Team



Please bring a packed Lunch and Morning Tea.

Pick-ups begin at 8:45am
Drop offs begin at 1:30pm

Thursday Night Social Group

Please bring money for dinner

Join our Programs

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