

July Activity Calendar

CAC Discover Ability program



Welcome to the July Activity Calendar...

There are so many things for you to enjoy at the Hub this month. Farm visits to feed the animals, celebrate NAIDOC week and Christmas in July, Clay workshops, woodworking, basketball, bowling, gardening, hiking, fishing and cooking. We even have a Thursday night social circle which is a great place to meet new friends. There is something for everyone!



FOR OUR ELDERNS

2-9 JULY 2023

Monday 3 rd July	Tuesday 4 th July	Wednesday 5 th July	Thursday 6 th July	Friday 7 th July
NAIDOC WEEK Community Fun Day Cooby Dam – Fishing Picnic Lunch  	Cooking & Baking Kangaroo Sausage Bake Lemon Myrtle Muffins  	Social BBQ - \$5pp 11:30am – 1:30pm Arts & Craft Farm Visit   	Youth Connect Bowling - \$14pp Sunset Superbowl Farm Visit Basketball   	Clay Workshop Gardening Farm Visit   
8:30am: Pick-ups begin 9:00am: NAIDOC March 10:30am: Morning Tea 11:00am: Cooby Dam 12:30pm: Picnic Lunch 1:00pm: Fishing 2:30pm: Drop offs begin 3:00pm: Program Finish	8:30am: Pick-ups begin 9:00am: Shopping 10:30am: Morning Tea 11:00am: Cooking 12:30pm: Lunch 1:00pm: Baking 2:30pm: Drop offs begin 3:00pm: Program Finish	8:30am: Pick-ups begin 9:00am: Arts & Crafts 10:30am: Morning Tea 11:00am: Arts & Craft 11:30am: Social BBQ 12:30pm: Lunch 1:00pm: Farm Visit 2:30pm: Drop offs begin 3:00pm: Program Finish	8:30am: Pick-ups begin 9:00am: Bowling 10:30am: Morning Tea 11:00am: Farm Visit 12:30pm: Lunch 1:00pm: Basketball 2:30pm: Drop offs begin 3:00pm: Program Finish	8:30am: Pick-ups begin 9:00am: Clay Workshop 10:30am: Morning Tea 11:00am: Gardening 12:30pm: Lunch 1:00pm: Farm Visit 2:30pm: Drop offs begin 3:00pm: Program Finish
NAIDOC WEEK 2nd – 9th July 2023			Thursday Night Social Circle Cooking healthy choice dinner, fun, games & music at the Hub	 FOR OUR ELDERNS 2-9 JULY 2023

Monday 10 th July	Tuesday 11 th July	Wednesday 12 th July	Thursday 13 th July	Friday 14 th July
<p>Craft Workshop Volunteering with Hair Aid</p> 	<p>Cooking & Baking Irish Potato Pie Jam Drop Biscuits</p> 	<p>Social BBQ - \$5pp 11:30am – 1:30pm Hair & Makeup Farm Visit</p> 	<p>Youth Connect Highfields Falls Bushwalk</p> 	<p>Your Choice Community Outing Farm Visit Basketball</p> 
<p>8:30am: Pick-ups begin 9:00am: Craft Workshop 10:30am: Morning Tea 11:00am: Craft Workshop 12:30pm: Lunch 1:00pm: Hair Aid – Volunteering 2:30pm: Drop offs begin 3:00pm: Program Finish</p>	<p>8:30am: Pick-ups begin 9:00am: Shopping 10:30am: Morning Tea 11:00am: Cooking 12:30pm: Lunch 1:00pm: Baking 2:30pm: Drop offs begin 3:00pm: Program Finish</p>	<p>8:30am: Pick-ups begin 9:00am: Hair & Makeup Tutorials 10:30am: Morning Tea 11:00am: Arts & Craft 11:30am: Social BBQ 12:30pm: Lunch 1:00pm: Farm Visit 2:30pm: Drop offs begin 3:00pm: Program Finish</p>	<p>8:30am: Pick-ups begin 9:00am: Highfields Falls 10:30am: Morning Tea 11:00am: Bushwalk 12:30pm: Lunch 1:00pm: Bushwalk 2:30pm: Drop offs begin 3:00pm: Program Finish</p>	<p>8:30am: Pick-ups begin 9:00am: Community Outing of your choice 10:30am: Morning Tea 11:00am: Farm Visit 12:30pm: Lunch 1:00pm: Basketball 2:30pm: Drop offs begin 3:00pm: Program Finish</p>
<p>Thursday Night Social Circle Christmas dinner at the Hub & Christmas Sweater Dress Up</p>				
Monday 17 th July	Tuesday 18 th July	Wednesday 19 th July	Thursday 20 th July	Friday 21 st July
<p>Ravensbourne NP Bushwalk Picnic Lunch</p> 	<p>Cooking & Baking Chicken Enchiladas Chocolate Pudding</p> 	<p>Social BBQ - \$5pp 11:30am – 1:30pm Journaling Farm Visit Basketball</p> 	<p>Youth Connect Bowling - \$14pp Sunset Superbowl Farm Visit Basketball</p> 	<p>Woodwork DIY Make your own Artist Easel Farm Visit</p> 
<p>8:30am: Pick-ups begin 9:00am: Ravensbourne NP 10:30am: Morning Tea 11:00am: Bushwalk 12:30pm: Picnic Lunch 1:00pm: Bushwalk 2:30pm: Drop offs begin 3:00pm: Program Finish</p>	<p>8:30am: Pick-ups begin 9:00am: Shopping 10:30am: Morning Tea 11:00am: Cooking 12:30pm: Lunch 1:00pm: Baking 2:30pm: Drop offs begin 3:00pm: Program Finish</p>	<p>8:30am: Pick-ups begin 9:00am: Arts & Crafts and Journalling 10:30am: Morning Tea 11:00am: Basketball 11:30am: Social BBQ 12:30pm: Lunch 1:00pm: Farm Visit 2:30pm: Drop offs begin 3:00pm: Program Finish</p>	<p>8:30am: Pick-ups begin 9:00am: Bowling 10:30am: Morning Tea 11:00am: Farm Visit 12:30pm: Lunch 1:00pm: Basketball 2:30pm: Drop offs begin 3:00pm: Program Finish</p>	<p>8:30am: Pick-ups begin 9:00am: Woodwork DIY Artist Easel 10:30am: Morning Tea 11:00am: Painting Artist Easels 12:30pm: Lunch 1:00pm: Farm Visit 2:30pm: Drop offs begin 3:00pm: Program Finish</p>
<p>Thursday Night Social Circle Cooking healthy choice dinner, fun, games & music at the Hub</p>				

Monday 24 th July	Tuesday 25 th July	Wednesday 26 th July	Thursday 27 th July	Friday 28 th July
<p>Bunya Mountains Bushwalk & Bird Feeding Picnic Lunch</p> 	<p>Christmas in July Lunch Roast Chicken, Veggies & Gravy Apricot Balls & Yum Balls</p> 	<p>Social BBQ - \$5pp 11:30am – 1:30pm Craft Workshop Farm Visit Basketball</p> 	<p>Youth Connect Lake Cooby Fishing and BBQ Lunch</p> 	<p>Picnic Point Bushwalk & Picnic Card games at the Hub</p> 
<p>8:30am: Pick-ups begin 9:00am: Bunya Mountains 10:30am: Morning Tea 11:00am: Bushwalk 12:30pm: Picnic Lunch 1:00pm: Bird feeding 2:30pm: Drop offs begin 3:00pm: Program Finish</p>	<p>8:30am: Pick-ups begin 9:00am: Shopping 10:30am: Morning Tea 11:00am: Christmas Lunch Cooking 12:30pm: Christmas Lunch 1:00pm: Christmas Apricot and Yum Ball Baking 2:30pm: Drop offs begin 3:00pm: Program Finish</p>	<p>8:30am: Pick-ups begin 9:00am: Craft Workshop 10:30am: Morning Tea 11:00am: Basketball 11:30am: Social BBQ 12:30pm: Lunch 1:00pm: Farm Visit 2:30pm: Drop offs begin 3:00pm: Program Finish</p>	<p>8:30am: Pick-ups begin 9:00am: Lake Cooby Fishing 10:30am: Morning Tea 11:00am: Lake Cooby Fishing 12:30pm: BBQ Lunch 1:00pm: Lake Cooby Fishing 2:30pm: Drop offs begin 3:00pm: Program Finish</p>	<p>8:30am: Pick-ups begin 9:00am: Picnic Point Bush Walking 10:30am: Morning Tea Picnic 11:00am: Bushwalking 12:30pm: Lunch 1:00pm: Card games at the Hub 2:30pm: Drop offs begin 3:00pm: Program Finish</p>
<p>Monday 31st July</p>	<div style="text-align: center;">  <p>Toowoomba Head Office and Educational Hub 260 Ruthven Street, Toowoomba, QLD, 4350</p> <p>To join in any of our July activities please give our friendly team a call today on 1300 522 104 or email gay.hold@communityaccesscare.com.au</p> </div> <div style="float: right; text-align: right;">  <p>Community Access Care ASSISTING INDEPENDENCE <i>trusted care in your home and community</i></p>  <p>REGISTERED NDIS PROVIDER</p> </div>			
<p>Toowoomba Tourist Scavenger Hunt</p>  <p>8:30am: Pick-ups begin 9:00am: Explore Toowoomba as a tourist in your home town 10:30am: Morning Tea 11:00am: Toowoomba Tourist 12:30pm: Lunch 1:00pm: Scavenger Hunt 2:30pm: Drop offs begin 3:00pm: Program Finish</p>				