


































August Activity Calendar



Community Access Care

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Fishing: Riverside Parklands Sewing & Craft</p> 	<p>2</p> <p>Shopping & Cooking Stuffed Chicken Breast</p>  	<p>3</p> <p>Woodworking with Pete Social BBQ @ Bargara</p>   <p>Ladies Group: Library/BRAG</p>	<p>4</p> <p>Music Bingo @ The Railway Sewing & Craft</p> 	<p>5</p> <p>Diabetic Baking Blueberry Muffins Art & Craft</p> 
<p>8</p> <p>Fishing: Riverview Sewing & Craft</p> 	<p>9</p> <p>Shopping & Cooking Beef & Vegetable Spring Rolls</p>  	<p>10</p> <p>Woodworking with Pete Social BBQ @ Alexander Park</p>   <p>Ladies Group: Alexander Park</p>	<p>11</p> <p>Bowling Sewing & Craft</p> 	<p>12</p> <p>Diabetic Baking Sausage Rolls Art & Craft</p> 
<p>15</p> <p>Fishing: Sandy Hook Sewing & Craft</p> 	<p>16</p> <p>Shopping & Cooking Meatballs & Pasta</p>  	<p>17</p> <p>Woodworking with Pete Social BBQ @ Elliott Heads</p>   <p>Ladies Group: Tinaberries</p>	<p>18</p> <p>Music Bingo @ The Railway Sewing & Craft</p> 	<p>19</p> <p>Diabetic Baking Banana & Sultana Muffins Art & Craft</p> 
<p>22</p> <p>Fishing: Burnett Heads Sewing & Craft</p> 	<p>23</p> <p>Shopping & Cooking Chicken Enchiladas</p>  	<p>24</p> <p>Woodworking with Pete Social BBQ @ Lions Park</p>   <p>Ladies Group: Botanic Gardens</p>	<p>25</p> <p>Bowling Sewing & Craft</p> 	<p>26</p> <p>Diabetic Baking Apple Tea Cake Art & Craft</p> 
<p>29</p> <p>Fishing: Alexander Park Sewing & Craft</p> 	<p>30</p> <p>Shopping & Cooking Beef Skewers & Rice</p>  	<p>31</p> <p>Woodworking with Pete Social BBQ @ Bargara</p>   <p>Ladies Group: Bargara</p>	<p>Welcome to the August Activity Calendar</p> <p>We have lots of great activities on offer this month including cooking, sewing, fishing, bowling, art & craft, woodworking with Pete and our social BBQ. Let us know what you would like to be a part of! Community Access Care have a team in this year's Relay For Life on Saturday 13th August at the Bundaberg Recreational Precinct, let us know if you would like to join us.</p>	

To join in any of our August activities give our friendly team a call today on 1300 522 104 or email achilds@communityaccesscare.com.au

PROGRAMS

AUGUST 2022

See an Activity that you would like to do?
Let us know!

We have loads of fun activities and outings on offer for August. If you would like to join in, please let us know so we can include you.



ASSISTING INDEPENDENCE
trusted care in your home and community

<p>Monday Fishing Our weekly fishing group is a great chance to get out and about and enjoy a spot of fishing. We have all the gear and provide a sausage sizzle for lunch too! All you need to do is drop us a line so we can pick you up! Please bring a hat and water bottle and wear sun safe clothing.</p> 	<p>Sewing Monday & Thursday Our sewing group is on twice a week and is perfect for anyone from experienced sewers to absolute beginners who would like to learn. Tass, our superstar seamstress, is there to teach you everything you need to know to stitch your own beautiful creations to take home.</p> 	<p>Tuesday Cooking Our weekly cooking group caters to a range of dietary requirements and teaches how to cook simple, healthy meals that are budget friendly. The recipes are chosen by you while our friendly team help you build your skills and create your own recipe book to take home.</p> 	<p>Wednesday Woodworking Keen to build your own projects and learn about woodworking? Come along on a Wednesday morning and see what projects Pete has on the go. He is super handy with a hammer and has all the tools and skills you need to learn to build your own awesome projects!</p> 
<p>Social BBQ Our Men's group is out and about this month with BBQs at the Lions Park, Burnett Heads, Queens Park, and Bargara. Come along, make new friends, and have a chat with your mates. Fire up the BBQ and stick around for one of our famous chicken burgers.</p> 	<p>Thursday Music Bingo/Bowling Love a good tune and think you know all the golden oldies? Join us for Music Bingo at The Spotted Dog at the Railway Hotel. Or if hitting the lanes and knocking down pins is more up your alley join us for Bowling.</p>  	<p>Friday Baking & Craft Our weekly baking program explores diabetic friendly recipes so that you can enjoy a treat for morning tea while still looking after your health. We also like to get crafty in the Hub with a range of projects for you to create. Check out this month's projects in the calendar.</p> 	<p>Bundaberg Relay For Life Relay For Life is a fun community event that raises funds for Cancer Council Queensland. This year's theme is Australiana and is being held from 1pm to 10pm on Saturday 13th August at the Bundaberg Recreational Precinct. Please register at www.relayforlife.org.au</p> 
<p>Let us know what activities you would like to be a part of in August...</p>			
<p>Please complete your information below and hand it in to us at the office we can add you to our groups and arrange for our support workers to pick you</p>			
<p>Monday</p> <ul style="list-style-type: none"> <input type="checkbox"/> Fishing or <input type="checkbox"/> Sewing 	<p>Tuesday</p> <ul style="list-style-type: none"> <input type="checkbox"/> Cooking 	<p>Wednesday</p> <ul style="list-style-type: none"> <input type="checkbox"/> Men's Group & BBQ or <input type="checkbox"/> Craft in the Park 	<p>Thursday</p> <ul style="list-style-type: none"> <input type="checkbox"/> Music Bingo or <input type="checkbox"/> Sewing
<p>Friday</p> <ul style="list-style-type: none"> <input type="checkbox"/> Diabetic Baking and <input type="checkbox"/> Picnic in the Park 	<p>Saturday 13th August</p> <ul style="list-style-type: none"> <input type="checkbox"/> Relay For Life 	<p>Want to keep up to date on all the latest activities we have on offer? Sign up to our monthly newsletter by providing your email address:</p>	

Participant Name _____ Contact Number _____