

# January Hub Calendar



Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Fishing &amp; Sausage Sizzle Beauty Salon Sewing</p>	<p>4</p> <p>Cooking Games Button Art</p>	<p>5</p> <p>Men's BBQ at Botanic Gardens Train rides, Ibis craft and Hinkler Hall of Aviation</p>	<p>6</p> <p>Music Bingo at The Railway Sewing Button Art</p>	<p>7</p> <p>Baking (Diabetic Friendly) Morning Tea at the Park Puzzles &amp; Games</p>
<p>10</p> <p>Fishing &amp; Sausage Sizzle Beauty Salon Sewing</p>	<p>11</p> <p>Cooking Games Jewelry Making</p>	<p>12</p> <p>Men's BBQ at the Beach Alpaca Farm</p>	<p>13</p> <p>Music Bingo at The Railway Sewing Jewelry Making</p>	<p>14</p> <p>Baking (Diabetic Friendly) Morning Tea at the Park Puzzles &amp; Games</p>
<p>17</p> <p>Fishing &amp; Sausage Sizzle Beauty Salon Sewing</p>	<p>18</p> <p>Cooking Games Resin Key Rings</p>	<p>19</p> <p>Men's BBQ at Alexander Park Alpaca Farm</p>	<p>20</p> <p>Music Bingo at The Railway Sewing Resin Key Rings</p>	<p>21</p> <p>Baking (Diabetic Friendly) Morning Tea at the Park Puzzles &amp; Games</p>
<p>24</p> <p>Fishing &amp; Sausage Sizzle Beauty Salon Sewing</p>	<p>25</p> <p>Australia Day Beach Party &amp; BBQ</p>	<p>26</p> <p>Hub Closed Australia Day Public Holiday</p>	<p>27</p> <p>Music Bingo at The Railway Sewing Hydro Dipped Candle Holders</p>	<p>28</p> <p>Baking (Diabetic Friendly) Morning Tea at the Park Puzzles &amp; Games</p>
<p>31</p> <p>Fishing &amp; Sausage Sizzle Beauty Salon Sewing</p>	<p><b>Happy New Year and Welcome to the January Hub Calendar!</b></p> <p>We have loads of fun activities to keep you entertained and help you beat the heat this summer. Our fortnightly fishing trips have been so popular we've decided to head to the water and throw a line out every Monday. Music Bingo at The Railway was such a hit we are making this a weekly activity too! It's been heating up in the Hub so we are taking our Men's BBQ on the road with visits to the Botanic Gardens, Beach and Alexander Park too. We'll still be having our regular activities like sewing with Tas, Cooking, visits to the Alpaca farm and our Friday baking and picnics in the park. We also have our Australia Day Beach Party and BBQ plus loads of fun craft activities. Let us know what you'd like to be a part of in 2022!</p>			

# EVENTS







## JANUARY 2022

See an Activity or an Outing that you'd like to do? Let us know!

We have loads of fun activities and outings on offer for January. If you'd like to join in, please let us know so we can make sure you're included.

Talk to your support worker or give us a call on 0455 503 074 today.



<p><b>Australia Day Beach Party &amp; BBQ - Tuesday 25<sup>th</sup></b> 10:00am to 1:00pm at Neilson's Beach Barga</p> <p>Grab your togs and towel and join us while we listen to some tunes, throw a couple of snags on the barbie and have a crack at beach cricket.</p> 	<p><b>Fishing - Monday's</b> 9:30am to 1:30pm at various locations</p> <p>Our fortnightly fishing group leaves from the Hub at 9:30am every second Monday. If you're up for a spot of fishing and a sausage sizzle drop us a line and let us know you'd like to come.</p> 	<p><b>Men's BBQ (everyone welcome) - Wednesday's</b> 9:30am to 1:30pm at various locations</p> <p>Our Men's group is out and about this month with BBQs at the Botanic Gardens, The Beach and Alexander Park. Come along, have a chat with your mates, and stick around for one of our famous chicken burgers.</p> 
<p><b>Alpaca Farm - Wednesday's</b> 10:00am to 1:00pm at Ivory Park Alpaca's</p> <p>Come along and check out Ivory Park Suri Alpaca Therapy. Our host Bev and her beautiful alpacas would love to meet you!</p> 	<p><b>Music Bingo at the Railway - Thursday's</b> 9:30am to 12:00pm at Spotted Dog at The Railway</p> <p>Love a good tune and think you know all the golden oldies? Join us for Music Bingo and free morning tea every second Thursday at Spotted Dog at The Railway Hotel.</p> 	<p><b>Picnic in the Park - Friday's</b> 11:00am to 12:30pm at various locations</p> <p>Sweet treats can be few and far between when you're living with diabetes. Join us from 9am for diabetic friendly baking and then come along to the park to eat your guilt free baking.</p> 

Let us know what activities you'd like to be a part of in January...

Please complete your information below and hand it in to us at the office so our friendly rostering team can add you to our groups and arrange for our support workers to pick you up.

<input type="checkbox"/> Australia Day Beach Party	<input type="checkbox"/> Fishing - Monday's	<input type="checkbox"/> Men's BBQ - Wednesday's
<input type="checkbox"/> Alpaca Farm - Wednesday's	<input type="checkbox"/> Music Bingo - Thursday's	<input type="checkbox"/> Picnic in the Park - Friday's

Name \_\_\_\_\_ Phone Number \_\_\_\_\_